



Celebrating the **U** in CSUB

## 5K Fun Run/Walk Saturday, April 23rd

- **Race starts at 8:00am (Rain or shine!)**
- **Entry fee: \$20.00 (\$22 race day)**
- **Starts at Student Recreation Center (SRC) and runs through campus!**
- **T-shirt and breakfast included in registration fee!**
- **Children's Activity Program! (see below)**
- **Raffle following event!**



**Pre-registration Deadline: April 18<sup>th</sup>**

**\*\* Race day registration available 7-8am**



Register online at [Active.com](https://www.active.com)

### **Kids Activity Program**

#### **Race Participants:**

- Bring the kids - while you run or walk let them enjoy a unique experience of age and skill appropriate activities led by the Physical Education and Kinesiology Department faculty and students
- Located in the CSUB Old Gym
- Open for ages 5-10
- Sign up 7:30-8:00 (complete attached form)
- Pick up kids after the race

#### **For more information:**

Tonya Nixon  
[tnixon1@csub.edu](mailto:tnixon1@csub.edu)  
(661) 654-2187



**Mail to:**  
**PEAK Department/Kris Grappendorf**  
**Celebrate CSUB 5K Fun Run/Walk**  
**Mail Stop: 22 EDUC**  
**9001 Stockdale Hwy**  
**Bakersfield, CA 93311**

**Pre-registration Deadline: April 18<sup>th</sup>**  
**\*\* Race day registration available 7-8am**

\*I will be bringing \_\_\_\_\_ children to the kid's activity program.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Shirt Size (circle one):    S        M        L        XL        XXL        **\*\* Checks payable to CSUB Foundation**

\*Shirt guaranteed for first 100 participants

**CALIFORNIA STATE UNIVERSITY, BAKERSFIELD**  
**GENERAL RELEASE AND WAIVER OF LIABILITY**

In consideration of California State University, Bakersfield permitting me to participate in the activity described below, and to engage in all activities related to the activity, the undersigned, for himself/herself and his/her personal representatives, assigns, heirs and next of kin, or any of them:

1. Hereby Releases, Waives, Discharges and Covenants Not to Sue California State University, Bakersfield; The Board of Trustees of The California State University, and the State of California and their trustees, officers, employees, volunteers and agents (hereafter, "Releasees"), from all liability to the Undersigned, his/her personal representatives, assigns, heirs and next of kin for all losses or damage and any claim or demands therefore, on account of injury to the person or property or resulting in death of the Undersigned, whether caused by the negligence of Releasees or otherwise while the Undersigned is participating in the activity.
2. Hereby Agrees to Indemnify and Save and hold Harmless the Releasees and each of them from any and all losses, liabilities, damages, costs, actions, claims or demands of any kind and nature whatsoever which may arise out of or in connection with the Undersigned's participation in the activity, whether caused by the Releasees or otherwise.

ACTIVITY: Celebrate CSUB 5K Fun Run/Walk

The Undersigned is fully aware of the risks and hazards inherent in the program and hereby voluntarily elects to participate in said program with the knowledge of the danger involved. The Undersigned hereby voluntarily assumes all risk of loss, damage, injury, or death that may be sustained by the Undersigned while participating in the activity.

The undersigned expressly agrees that the foregoing release, Waiver and Indemnity Agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTANDS ITS CONTENTS. THE UNDERSIGNED IS AWARE THAT THIS IS A RELEASE OF LIABILITY AGAINST THE RELEASEES AND SIGNS IT OF HIS/HER OWN FREE WILL.

DATED: \_\_\_\_\_

\_\_\_\_\_

Signature of Participant or Parent or Legal Guardian if participant is a minor.