



# BAKERSFIELD FIRE DEPARTMENT

## River & Lake Safety

### RIVERS, LAKES, CANALS, AND BEACHES

STAY OUT OF THE KERN RIVER!

Call 9-1-1 immediately for a water related emergency.

Swimming. If you or your family members do not know how to swim...learn!  
This preventative measure is the best weapon for adults and children against water related accidents.

Swim only where and when a trained lifeguard is present.

Never swim where there may be hidden underwater objects and unexpected drop-offs, or other hazards.

Rip currents, tides and powerful waves are dangers that can trap even strong swimmers.

Never dive into any water unless you are sure of its depth. Diving head-first into water that is too shallow can cause severe injury or even death. Enter water feet-first whenever possible.

Never enter canals, irrigation facilities or drainage ditches.

Wear a life jacket when appropriate.

## GENERAL WATER SAFETY

Call 9-1-1 immediately for a water related emergency.

CPR. If you or your family members do not know CPR...learn!

Children must always be supervised (preferably by adults) around water including pools, streams, lakes, tubs, toilets, and even buckets of water.

Flotation devices and inflatable toys are not substitutes for parental supervision.

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